caffeine citrate, theophylline, derivatives of theophylline, theobromine, acefylline, aminophylline, chloroethyltheophylline, diprophylline, diniprophylline, etamiphylline, derivatives of etamiphylline, etofylline or proxyphylline; combinations comprising xanthine derivatives, the combination of caffeine and silanol (methylsilanetriol derivative of caffeine); compounds of natural origin comprising xanthine bases; tea, coffee, guarana, maté or cola (Cola nitida) extracts, the dry extract of guarana (Paulina sorbilis) fruit comprising 8 to 10% of caffeine; ephedrine, derivatives of ephedrine; plant extracts of Garcinia cambogia, Bupleurum chinensis extracts, extracts of English ivy (Hedera helix), extracts of mountain tobacco (Arnica montana L), extracts of rosemary (Rosmarinus officinalis), extracts of marigold (Calendula officinalis), extracts of sage (Salvia officinalis L), extracts of ginseng (Panax ginseng), extracts of St John's Wort (Hypericum perforatum), extracts of butcher's broom (Ruscus aculeatus L), extracts of meadowsweet (Filipendula ulmaria L), extracts of cat's whiskers (Orthosiphon stamineus Benth) or of birch (Betula alba), Ginkgo biloba extracts, horsetail extracts, horse chestnut extracts, cangzhu extracts, Chrysanthellum indicum extracts, extracts from plants of the genus Armeniacea, Atractylodis, Platicodon, Sinommenum, Pharbitidis or Flemingia, Coleus extracts, extracts of C. forskohlii, extracts of C. blumei, extracts of C. esquirolii, extracts of C. scuttellaroides, extracts of C. xanthantus, extracts of C. barbatus, extracts of Coleus barbatus root comprising 60% of forskolin, Ballota extracts, extracts of Guioa, extracts of Davallia, extracts of Terminalia, extracts of Barringtonia, extracts of Trema, extracts of Antirobia, algal extracts, red alga (Gelidium cartilagineum) extract, Laminaria digitata extract; protamines and their derivatives; flavonoids, ruscogenins, esculosides, the aescine extracted from horse chestnut, nicotinates, hesperidin methyl chalcone, essential oils of lavender or rosemary, the disodium salt of